

LA's first VEGGIE PRIDE PARADE



Sunday, April 26
11am-4pm

Vegetarians everywhere UNITE! Join LA's first VEGGIE PRIDE PARADE and help make veggie history.

GATHER AND MARCH

The festivities will begin at 11:00 am at Culver Events, where "veg heads" will register, enjoy a pre-march rally with veg entertainment and a special keynote speaker to rally the veg troupers for our historic march. At noon we will begin a 5K walk through Venice with participants adorned with eye-catching costumes and thought provoking signs to educate people about the humane, environmental, and health benefits of a vegetarian diet.

After the march we will gather for a post-parade rally to celebrate the vegetarian lifestyle, with special guest presentations, music & veg entertainment, costume contest, and of course, a smorgasbord of vegan food from our area's top veg restaurants.

Get your veg on! Sign up to PARTICIPATE in the VEGGIE PRIDE PARADE, make a DONATION or become a parade SPONSOR, VOLUNTEER for the event, or ALL of the above!

Call 661-269-5404 or visit www.veggiepridela.com for more information and to register for the VEGGIE PRIDE PARADE LA today.

GUEST SPEAKERS and ENTERTAINERS (partial list)



Karen Dawn, Author of the newly released, *Thanking the Monkey: Rethinking the Way we Treat Animals*.

Rory Freedman, Co-author of the NY Times best seller *Skinny Bitch*, and other *Skinny Bitch* publications.



Kenneth Williams, America's first vegan bodybuilding champion.

Musical entertainment by *Monogroove* and *Truth on Earth*

www.veggiepridela.com